

# CRONE

*Women Coming of Age*

## *"Metamorphosis"*

The Tribe of Wise Old Women · Inanna & Me  
Once Upon a Witches' Moon · Her Life, Her Choice  
Deep Sleep of Renewal · Heart Cracked Open  
Thank You, Bernie Madoff · Where the Horizon Meets the Sky

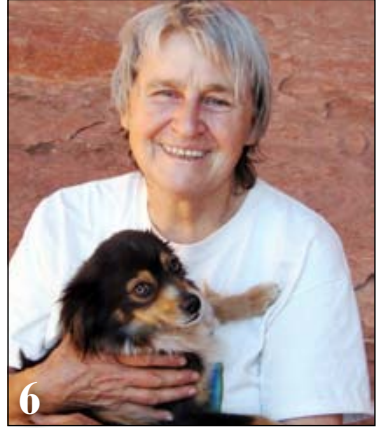
# CRONE Women Coming of Age

## ISSUE #4 “METAMORPHOSIS”

### FEATURES

#### 6 *Heart Cracked Open: My Trial by Fire* BY MARIANNA HARTSONG

On the afternoon of November 21, 2009, while I was in town playing *The Messiah*, my house burned to the ground. By the time we returned at 4:30, the first responders were just preparing to search for my body.



#### 16 *Where the Horizon Meets the Sky: Finding Courage at Freezeout Saddle* BY M. C. REARDON

I am deathly afraid of heights. So when a writing colleague invited me to join her on a steep hike to Freezeout Saddle on the edge of the Hells Canyon Wilderness, I was at a loss.



#### 24 *How I Learned to Stop Worrying and Love My Wrinkles* BY BRENDA MARROY

My intense dislike of aging was a result of buying into the societal lie that “it is wrong for an older woman to look her age.”

#### 29 *Not Just a Pain in the Neck: Lessons from a Midlife Goddess* BY LADY WILLOW

Healing our own emotional pain is often left for last until we are poised on the brink of becoming crones. I like to think of the menopause’s “hot flashes” as the purifying fire of the Goddess.





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