

# CRONE

*Women Coming of Age*

Issue No. 8



## "Friends & Companions"

Free at Last: Why I Love Being a Crone  
Supporting Sunny: Five Friends Fight Alzheimer's  
Adventures of the Crafty Crones • My Anatolian Journey  
My Friendship with Charlotte • Once You Start Writing  
First Friday Friendships • Missives from My Mother



*Magazines that feed your soul and liven your spirits.*



## Navigation Controls

Availability depends on reader.



# CRONE

Women Coming of Age  
ISSUE #8

## THEME: FRIENDS & COMPANIONS

### 6 *Supporting Sunny* MARIAN A. KARPISEK

Five San Diego crones have formed the SSG, Supporting Sunny Group. We strive to ensure that Sunny keeps her network of friends, and that she stays connected to the world for as long as possible.



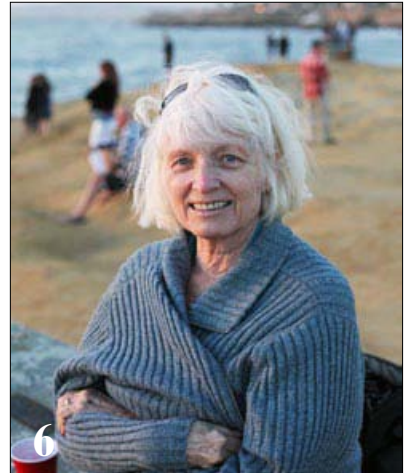
### 16 *My Friendship with Charlotte*

CHERISE WYNEKEN

How have Charlotte and I maintained our friendship for fifty years when so many factors in our lives could have destroyed our relationship? What made that happen?

### 22 *First Friday Friendships* DODIE MEEKS

We've all done a lot of living. Some of us are widowed, some are married, and some are divorced. Most of us are members of the Women in the Visual and Literary Arts group.



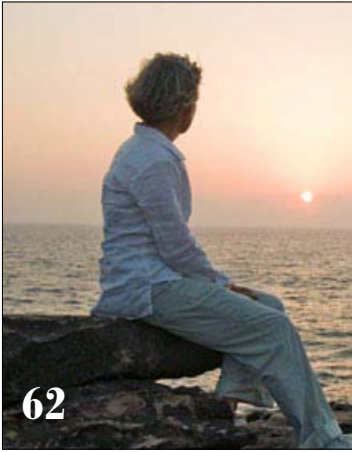
### 27 *My Bunnysatva* SUSAN HARPER

My sweet friend Clover has hopped over the Rainbow Bridge. I can't express in words what Clover meant to me. The following is my humble attempt to honor her for the gifts she gave, the inspiration she provided, and the lessons she taught me.



### 34 *Who Loves Foo?* LEE PELHAM COTTON

From the outside, our old farmhouse appears ordinary enough, replete with traditional tin roof and screened-in porch, shaded by overreaching maples. But then there are all those monsters.



## DEPARTMENTS

- 3 Focus *Letter from the Editor*  
38 Crone Lives *Missives from My Mother*  
46 Crone Action *Time for a Change of Heart*  
52 Crone Adventure  
*Elibeline: My Anatolian Adventure*  
62 Crone Encounters *Free at Last;*  
*Adventures of the Crafty Crones*  
74 Loss & Transformation *His Greatest Battle*  
82 Crone Circles *The Bound Together Poets*  
116 Crone Eye *Reviews from Readers*  
121 Crone Correspondence

## CRONE POETRY

- 33 The Day of the Dead (Mexico) *Mattie Cole*  
45 Should Old Women Be Explorers? *Toni Bennett*  
61 Keep Her Company *Marianne Lyon*  
67 Midway to Cronehood *Andrea Nicki*  
78 Featured Poet: Ann Niedringhaus  
*This Face, The Old Woman*  
83 The Bound Together Poets: Expecting  
by *Candace Ginsberg*; The Writing Group  
by *Deborah Cooper*; Honey I'm Home by *Anne*  
*Simpson*, and Something for A Gardener Who is  
Dying in the Spring by *Ellie Shoenfeld*

## COLUMNISTS

- 89 Living the Shift *Joan Bird*  
93 (Not So) Strictly Speaking *Lindy High*  
95 Crone Body *Pat Hanson*  
97 Crone Heart *Petra Perkins*  
99 Southern-Fried Crone *Seba O'Kiley*  
103 Humoring the Goddess *Claudia Anderson*  
105 Wise Health *Christine Page*  
107 Natural Neighbors *M. Beithe Anderson*  
111 Living on Earth *Rebecca Bailey*  
113 Still Practicing *Merideth Allyn*